

ASSISTANT COACH / HITTING PARTNER / PICKLEBALL ACTIVATOR

EXPECTED COMPETANCIES

NAME _____

WELCOMING		PASS
1	Welcomed participants enthusiastically	
2	Demonstrated a warm up activity and organised players to start	

DEMONSTRATION OF ACTIVITY		PASS
1	Organised players in a safe position to see the demonstration	
2	Spoke through the activity whilst demonstrating it physically	
3	Related the activity back to tennis and why it'll improve the player(s)	
4	Played in the activity showing a high standard	

COMMUNICATION		PASS
1	Used every players name at least twice during the session	
2	Praised the players for success using 'positive reinforcement'	
3	Hit balls with every player	
4	Asked the players questions to get them thinking about the 'how'	

ORGANISATION		PASS
1	Arrived at least 5 minutes before the session was due to start	
2	Organised the equipment needed for the session	
3	Swept courts / Tidied equipment after the session	
4	Understand the rules of tennis and pickleball	
5	Able to take the register on the phone	

