Choose your tension

	Low tension (48-52lbs)	Higher tension (53-58lbs)
Speed	MORE	LESS
Control	LESS	MORE
Comfort	MORE	LESS
Durability	MORE	LESS

Choose your string type

SYNTHETIC GUT - Made of nylon this provides a soft comfortable feel for players and is fairly durable. Not ideal for big hitters

MULTI-FILAMENT - Woven together from thousands of microfibres this offers elasticity and power but can fray / break. Ideal for players who are suffering with elbow, wrist or shoulder pain but it will require regular restrings. Great in a hybrid alongside a polyester.

NATURAL GUT - Made from natural fibres the string provides comfort and power but loses tension and ages quickly. Good for players who need feel and touch in their game but also dont mind regular restrings. Great in a hybrid alongside polyester.

POLYESTER - Unmatched durability with control and spin. Ideal for adult club players.

MONOFILAMENT - This single strand plastic string gives a good feel and control but can snap easily. Can be used in a hybrid. Good for club players who need feel and touch.

PTO to get a restring and find out prices...

Boom Tennis

Brand	Туре	Info	Cost £
Razor soft	Quality poly	Great all rounder	31
Blackout	Mid range poly	Reasonable all rounder	25
RPM Blast	Quality poly	Most popular poly in tennis	32
Yonex Pro	Monofilament	Good for jnrs + touch play	29
TGV	Multifilament	Injury prevention / rehab	37
Hybrid: Sensation & Blackout	Multi + Poly	Softer feel for control	32
Cyber power	No frills poly	Ideal for regular breakers	23
Hybrid: Alu and Pros Pro	Gut + Monofiliment	Control and power	41
Hybrid: TGV & Blackout	Multifilament & Poly	Injury prevention / rehab	33
Kirschbaum super smash	No frills poly	Less spin	30
Hexaspin	No frills poly	More spin	30
Diadem solstice black	Mid range poly	More spin	33
Diadem impulse	Quality poly	slower hitters	35
Hybrid: Diadem evolution + blackout	Multifilament & Poly	Softer feel for control	30
Diadem flash	Quality poly	Enlarges sweetspot	32
Diadem solstice power	Quality poly	Generates spin	33
Volkl cyclone	Poly	All rounder	29
Kirschbaum helix	No frills poly	Less spin	28
Provide your own reel of string			15

HOW TO GET A RESTRING.....

FILL IN A STRINGING CARD WITH THE SPEC YOU WANT AND YOUR CONTACT DETAILS LEAVE THE RACKET IN THE COACHING OFFICE OR BEHIND THE BAR OF THE CLUB COLLECT FROM THE COACHING OFFICE IN A FEW DAYS TIME AND PAY AT THE SELF SERVE TILL