



# Boom Tennis @ Redhill

## Adult Coaching

[Get your first lesson FREE by emailing us](#)

[Hello@boomtennis.co.uk](mailto:Hello@boomtennis.co.uk) | 07950 802 770

Whether you're an absolute beginner picking up a racket for the first time, returning after a break, or a seasoned club player sharpening your edge, we have a session tailored just for you.

*There's never been a better time to step onto the court, build your confidence and join a fantastic community — kickstart your journey with a completely free first lesson!*

### WEEKLY SCHEDULE

| Day       | Time         | Session                                                                              | Suitable for                         |
|-----------|--------------|--------------------------------------------------------------------------------------|--------------------------------------|
| Monday    | 7:00–8:30pm  | <b>Couch2Court:</b> Fun adult group covering fundamentals to get you playing quickly | <i>Beginners / returning players</i> |
| Tuesday   | 9:30–11:00am | <b>The Pickle Pack:</b> Coach-led session of skills, drills and play                 | <i>All levels</i>                    |
| Wednesday | 6:30–7:30pm  | <b>Serve or Backhand:</b> Clinic on the two shots everyone asks about                | <i>All standards</i>                 |
| Wednesday | 7:30–8:45pm  | <b>Drills and Skills:</b> Lots of hitting and quantity of practice                   | <i>Must be able to rally</i>         |
| Friday    | 9:30–11:00am | <b>Club Coaching:</b> Tactical and technical doubles                                 | <i>Must be able to rally</i>         |
| Friday    | 12:30–1:30pm | <b>Couch2Court:</b> Fun adult group covering fundamentals                            | <i>Beginners / returning players</i> |
| Friday    | 7:00–8:30pm  | <b>Drills and Skills:</b> Lots of hitting and quantity of practice                   | <i>Must be able to rally</i>         |

### PRICES

|                                                                                               |                                                                                    |                                                                                      |
|-----------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------|
| <div>Unlimited</div> <div><b>£40</b>/month</div> <div>Attend as many groups as you want</div> | <div>4 Sessions</div> <div><b>£45</b></div> <div>No expiry, totally flexible</div> | <div>10 Sessions</div> <div><b>£110</b></div> <div>No expiry, totally flexible</div> |
|-----------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------|

Download the Boom Tennis app — [Apple](#) · [Android](#) · [Desktop](#)

[Hello@boomtennis.co.uk](mailto:Hello@boomtennis.co.uk) | 07950 802 770

All players have to be a member of Redhill Tennis Club after their free taster session.