



Boom Tennis

ADULT COACHING

@ Redhill Tennis Club

Get your first lesson FREE by emailing us



CLUB COACHING: Ideal for improving the tactical and technical.
Ideal for club standard players

Monday 7:30-8:30pm AND / OR Friday 9:30-11:00am

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COUCH2COURT: Group coaching for players who are new to the
game or coming back after a long break

Monday 6:30pm AND / OR Friday 12:30-1:30pm

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CARDIO TENNIS: A fast paced aerobic workout on a tennis court.
Any standard of player.

TUESDAY 6:45-7:30pm

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DRILLS AND SKILLS: Hitting lots of balls and playing lots of
points. Ideal for club players.

WEDNESDAY 7:00-8:00pm

CLICK FOR DIRECT ACCESS: £40 per month to attend UNLIMITED

4 Sessions £45 | 10 Sessions £110

Download the Boom Tennis app

Apple app | Android App | Desktop

07950 802 770 or Hello@boomtennis.co.uk