



Boom Tennis @ Redhill

ADULT COACHING

Get your first lesson FREE by emailing us

Hello@boomtennis.co.uk | 07950 802 770



Monday	6.30-7.30pm	Couch2Court: A fun adult group covering fundamentals	Beginners or players who've had a break from the game
Monday	7.30-8.30pm	Club Coaching: Tactical and Technical doubles	Club standard, players must be able to rally.
Tuesday	6.30-7:15pm	Cardio Tennis: A great workout whilst hitting balls	Suitable for all standards of player
Tuesday	7:30-8:30pm	Pickleballs; Hints, Dinks and Drinks	Suitable for all standards of player
Wednesday	9:30-10:30am	Pickleball: Hints, Dinks and Drinks	Suitable for all standards of player
Wednesday	6.30-7.30pm	Serve / Return: Focus on technical improvements of first strike tennis	Suitable for all standards of palyer
Wednesday	7:30-8:30pm	Drills and Skills: Lots of hitting and quantity of practice	Club standard, players must be able to rally
Friday	9.30-11.00am	Club Coaching: Tactical and Technical doubles	Club standard, players must be able to rally.
Friday	12.30-1.30pm	Couch2Court: A fun adult group covering fundamentals	Beginner or players who've had a break from the game
Saturday	1.00-2.00pm	Club Coaching: Tactical and Technical doubles	Club standard, players must be able to rally.

£40 per month to attend UNLIMITED

4 Sessions £45 | 10 Sessions £110

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